Providing Care to Patients with Preexisting Conditions through the Workers Compensation

An Ethical Discussion of Accountability

Dr. Albert D. Olszewski May 2018

## Disclosure

- Independent Orthopedic Surgeon
- State Senator, District 6
- Candidate for a statewide position

## Accountability

- ac·count·abil·i·ty noun \a- kaun-ta-'bi-la-tē
- the quality or state of being <u>accountable</u>
- <u>an obligation or willingness to accept</u> <u>responsibility</u>
- to account for one's actions

#### Patient Accountability

- Traditionally- obligation to pay for services rendered
- Obligation to report workplace injuries promptly to employer and engage with Worker's Compensation system to resolve the injury and return to work promptly.

#### Provider Accountability

- Traditionally- obligation to render services agreed upon and paid for.
- Obligation to balance the needs of the patient and the needs of the Worker's Compensation system to:
  - resolve the injury and return patient to work promptly.
  - Provide expertise and documentation to WC

## Case Manager Accountability

- Obligation to promptly respond to workplace injury claims.
- Balance the needs of the employer, the injured employee, the provider and the Worker's Compensation system to mitigate the injury and resolve the claim.

# Accountability Challenges

- The burden of healthcare costs overwhelms the system.
- Workers with acute work related injuries with underlying pre-existing injuries.
- Workers with non-work related injuries that falsely report work place injury.
- Inexperienced Providers

# WHY?

THE PRIORITIES OF EACH PARTY MAY NOT THE SAME.

#### Two Case Reports

- Case 1 knee injury with underlying preexisting knee arthritis.
- Case 2 knee/ calf injury with underlying preexisting knee arthritis

## Aggravation

- Definition a permanent worsening of a preexisting condition.
  - Accelerates the pathologic condition
  - Amplifies the symptoms of the pathologic condition
- No improvement despite 6 to 8 weeks of Treatment.

## Exacerbation

- Definition a temporary worsening of a pathologic condition. "a flare up"
- Responds to conservative therapy in 2 to 8 weeks.
- Response dependent of severity of preexisting condition and severity of injury.

#### Montana Law

Work related injury that aggravates an underlying pre-existing injury: Both conditions are the responsibility of the employer/ work comp system.

Work related injury that exacerbates the preexisting condition: Responsible for the injury ONLY!

## **Action Plan**

- Communicate and Educate
  - Employer
  - Injured worker
  - Provider
- Independent Medical Provider
  Role

#### Two Case Reports

- Case 1 knee injury with underlying preexisting knee arthritis.
- Case 2 knee/ calf injury with underlying preexisting knee arthritis

## Conclusion

- Case management of Injuries with underlying pre-existing disease :
  - Complex
  - Can be Ethically challenging
  - Require constant communication
  - Require early education
- Your IME is your friend.